

# GUIDE SHARED DECISION MAKING BETWEEN NURSES AND PATIENTS



## REMINDER

### ROLE OF THE CLINICIANS

- Identify the person's problem
- Discuss options
- Identify decisional conflicts
- Refer to a decision aid

### QUESTIONS YOU MAY ASK

- Did I identify with the person the decision or decisions to be made today?
- Did I provide the space to reflect on what was important to the patient, her/his values and preferences for care versus her/his options?
- Did I present the patient with the risks and benefits of each option?
- Did I use examples (fictional cases) or tools to help the patient understand the options?
- Did I help the person identify the support needs he or she had (family, friends, additional reading, referral to another professional)?
- Did I allow time for deliberation?
- Did I validate the quality of the decision at the end of the meeting?